

Wellbeing Policy



We promote positive mental health and emotional well-being in all our staff and children. We aim to provide well-being support to children and staff, develop resilience amongst our children, and educate our team on identifying and responding to early warning signs of mental ill health.

Supporting Well-being

As a rights-respecting school, we teach our children about their right to mental health support. Our PSHE lessons teach our children how to support their mental health.

Some of our children may require additional help to support their well-being and mental health. In school, we provide additional support through our ELSA, Miss Nash. ELSAs are trained emotional literacy support assistants who work with our children to offer well-being sessions focusing on one or more of the following aspects:

1. Social skills
2. Friendships and relationships
3. Anger management
4. Loss and change
5. Self-Esteem
6. Emotions

Our children may also receive mental health and well-being support from CAMHS, The CAMHS Early Intervention Service, and Nicola Bengel from the Well-being Team. We may also work with Family Partnership Workers and the Educational Psychologist.

All staff take responsibility to support the well-being of our children, but if additional support is required then teachers, Josie Fernandes, our SENCO, Mr Mills and Miss Hammond will be able to signpost parents and carers to additional support services.

Levels of intervention

Our response will be guided by the level of need:

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Level	Action/Intervention
Low: 1	<ul style="list-style-type: none"> -Managed by class teacher. -Concerns/observations raised by parent or member of staff will be recorded on SIMS or through email contact with parent -Curriculum based learning, PSHE -Inclusive practice
Low: 2	<ul style="list-style-type: none"> -Managed by class teacher -Teacher to record actions and impact
Medium: 3	<ul style="list-style-type: none"> -Teachers raise concern during SEN Meeting with the evidence of support undertaken at class level -SENCO to coordinate support from ELSA
Medium/ High: 4	<ul style="list-style-type: none"> -Teacher to raise concern with SENCO -SENCO to raise child at Planning and Review Meeting (PARM) for Well Being Support -External Wellbeing support provided by Well-being facilitator.
High: 5	<ul style="list-style-type: none"> -SENCO to work with parents to and raise concern to CAMHS Early Intervention Service. -SENCO to raise concern with CAMHS