

Who's in Charge? PARENTING PROGRAMME



Who's in Charge? is an eight-week programme offering support to parents and caregivers of 10–18-year olds who are beyond control, violent or defiant towards them or other family members.

Topics covered in the programme

Parenting Standards

Influences on Children today

Abuse and the effects of domestic violence on parenting

Setting Limits

Effective Consequences

Anger

Becoming more assertive

The teenage brain

The groups are held in a supportive and confidential environment and follow up support is always available.

For more information and to secure your place, please contact the
Children & Families Hub

Tel: 01534 519000 Email: childrenandfamilieshub@gov.je



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